CARRABBA'S ITALIAN GRILL®

A NEW WAY TO DO ITALIAN

APPETIZERS

CALAMARI
Hand-breaded to order and served with our marinara sauce
(900 calories) | 11.99

MOZZARELLA MARINARA
Hand-cut and breaded, served with our marinara sauce
(990 calories) | 10.49

SHRIMP SCAMPI
Garlic, white wine and our lemon butter sauce served with baked bread
(910 calories) | 11.29

TOMATO CAPRESE WITH FRESH BURRATA GF
Creamy burrata mozzarella, tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil
(500 calories) | 9.79

ZUCCHINI FRITTE
Hand-breaded, lightly fried and served with roasted garlic aioli
(910 calories) | 10.29

MUSSELS IN WHITE WINE LEMON BUTTER
Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce
(640 calories) | 12.49

CALABRIAN ROASTED WINGS
Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce
(900 calories) | 11.79

SMALL PLATES

GRILLED ASPARAGUS WITH PROSCIUTTO GF
Wood-grilled asparagus wrapped in prosciutto and mozzarella, drizzled with balsamic glaze
(250 calories) | 6.29

THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS
Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce
(300 calories) | 6.49

MEATBALLS & RICOTTA
Simmered in our pomodoro sauce with ricotta and romano cheese
(380 calories) | 6.49

BRUSCHETTE SICILIANI
Oven-baked bread served with diced tomatoes, fresh basil, oregano, red onions and kalamata olives marinated in olive oil and red wine vinegar then topped with ricotta salata
(450 calories) | 5.49

LUNCH COMBOS

LUNCH TRIO
Soup, side salad and your choice of one small plate
(610-1020 calories) | 9.99

1/2 SANDWICH*** & SOUP OR SALAD
Choose a half Italian sandwich and either a cup of soup or a side salad
(340-740 calories) | 8.99

SOUP & SALAD
Cup of soup and choice of a House, Italian or Caesar side salad
(360-570 calories) | 7.99

SOUPS & SALADS

All salads may be made with light balsamic dressing GF (80 calories).
Add crumbled gorgonzola GF (110 calories) to any salad for $2.00.

MAMA MANDOLA'S SICILIAN CHICKEN SOUP
Spicy chicken soup that has soothed the family for generations
cup (100 calories) | 4.99
bowl (200 calories) | 6.99

MINESTRONE GF
Traditional Italian vegetable soup
cup (120 calories) | 4.99
bowl (240 calories) | 6.99

SAUSAGE & LENTIL
Hearty lentil soup with our Italian fennel sausage
cup (220 calories) | 4.99
bowl (430 calories) | 6.99

SIDE SALADS
Italian GF (350 calories),
House GF (260 calories) or
Caesar (320 calories) | 4.99

ITALIAN SALAD GF
Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing
Chicken (840 calories) | 12.29
Shrimp (770 calories) | 14.29
Salmon* (1310 calories) | 15.29

JOHNNY ROCCO SALAD GF
Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette
(530 calories) | 15.29

SHRIMP, ORZO & ARUGULA SALAD
Wood-grilled shrimp served over orzo, arugula and roasted tomatoes tossed with lemon vinaigrette
(520 calories) | 12.99

CAESAR SALAD
Wood-grilled chicken, shrimp or salmon served over romaine, croutons, parmesan cheese and caesar dressing
Chicken (720 calories) | 12.29
Shrimp (650 calories) | 14.29
Salmon* (1180 calories) | 15.29

ITALIAN SANDWICHES

Served with your choice of Tomato Cucumber Salad or Sicilian Orzo.
Substitute Grilled Asparagus or Fettuccine Alfredo for an additional $2.50.
Add a cup of soup or a side salad for $2.00.

CAPRESE**
Fresh milk mozzarella, tomatoes, fresh basil, pesto with pine nuts and walnuts on a baked ciabatta roll
(480 calories) | 8.29
Chicken (580 calories) | 10.29

STEAK*
Sliced wood-grilled sirloin topped with mozzarella cheese, mushrooms and our Lombardo Marsala wine sauce on a baked ciabatta roll
(780 calories) | 12.49

CHICKEN BRYAN
Wood-grilled chicken on a baked ciabatta roll with a basil goat cheese spread, sun-dried tomato aioli and arugula with lemon vinaigrette
(640 calories) | 10.49

MEATBALL
Our meatballs with ricotta, romano and mozzarella cheese on a baked ciabatta roll
(690 calories) | 9.99

CHICKEN PARMESAN
Coated with Mama Mandola's bread-crumbs, sautéed and topped with our pomodoro sauce and mozzarella, served on a baked ciabatta roll
(620 calories) | 10.49

WOOD-FIRED PIZZAS

Add a cup of soup or a side salad for $2.00.

MARGHERITA
Fresh milk mozzarella, fresh tomatoes and basil
(720 calories) | 10.49

PEPPERONI PIZZA
Fresh mozzarella and pepperoni
(780 calories) | 10.99

CREATE YOUR OWN
Our zesty pizza sauce with mozzarella and romano cheese (650 calories)
1 topping (660-880 calories) | 11.49
Up to 3 toppings (650-1150 calories) | 12.49
Italian fennel sausage (150 calories),
Pepperoni (120 calories),
Meatballs (230 calories),
Kalamata olives (40 calories),
Mushrooms (40 calories),
Roasted red bell peppers (5 calories),
Onions (5 calories) or
Sun-dried tomatoes (90 calories)

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.

GF This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta.
Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. ** Item contains or may contain nuts.

PASTA

Add a cup of soup or a side salad for $2.00.
Ask your server about GF Gluten-Free Casarecce pasta or Whole Grain spaghetti options.

RIGATONI CAMPAGNOLO
Large rigatoni tossed with Italian sausage, red bell peppers, our pomodoro sauce, topped with warm caprino cheese
(1040 calories) | 12.79

LINGUINE POSITANO
Crushed tomatoes, garlic, olive oil and basil
(800 calories) | 7.99 Chicken (940 calories) | 10.99
Shrimp (870 calories) | 12.99

FETTUCCINE WEESIE
Fettuccine Alfredo with sautéed shrimp, scallions, basil, garlic and mushrooms in our white wine lemon butter sauce
(1470 calories) | 14.49

LINGUINE PESCATORE
Shrimp, sea scallops, mussels and spicy marinara sauce (840 calories) | 15.99

LASAGNE
Pasta layered with our pomodoro sauce, meat sauce, ricotta, romano and mozzarella cheese
(390 calories) | 11.79

MEZZALUNA
Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce
(620 calories) | 11.99

SPAGHETTI
Pomodoro sauce (670 calories) | 8.49
Bolognese meat sauce (880 calories) | 10.99
Meatballs (930 calories) | 10.99

FETTUCCINE CARRABBA
Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas
(1440 calories) | 12.79

Entrées are served with your choice of side. Add a cup of soup or a side salad for $2.00.
Substitute Grilled Asparagus or Fettuccine Alfredo for an additional $2.50.

CHICKEN

CHICKEN BRYAN GF
Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce
(680 calories) | 16.99

PARMESAN CHICKEN ARUGULA
Sautéed chicken breast coated with seasoned breadcrumbs topped with fresh arugula, tomatoes and parmesan cheese in our Italian vinaigrette dressing
(600 calories) | 15.29

CHICKEN MARSALA GF
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce
(480 calories) | 16.99

TUSCAN-GRILLED CHICKEN GF
Wood-grilled and seasoned with our signature grill baste, olive oil and herbs
(290 calories) | 13.29

CHICKEN PARMESAN
Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and mozzarella
(690 calories) | 15.29

STEAK

TUSCAN-GRILLED SIRLOIN* GF
Wood-grilled with our signature grill baste, olive oil and herbs
6oz (320 calories) | 13.79

TUSCAN-GRILLED SIRLOIN MARSALA* GF
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce
6oz (510 calories) | 17.59

SEAFOOD

TOMATO BASIL SALMON* GF
Wood-grilled and topped with our tomato basil vinaigrette
(700 calories) | 17.99

WOOD-GRILLED TILAPIA* GF
With olive oil and our signature grill seasoning, topped with roasted tomatoes, basil and balsamic glaze
(310 calories) | 14.49

SIDES

SICILIAN ORZO
(210 calories) | 3.99

GARLIC MASHED POTATOES GF
(330 calories) | 3.99

SAUTÉED BROCCOLI GF
(160 calories) | 3.99

TOMATO CUCUMBER SALAD GF
(140 calories) | 3.99

PENNE POMODORO
(210 calories) | 3.99

PREMIUM SIDES

FETTUCCINE ALFREDO
(690 calories) | 4.99

GRILLED ASPARAGUS GF
(60 calories) | 4.99

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

VINO

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories)
Sparkling: 6oz (140 calories) | Bottle (600 calories)

SPARKLING & SWEET	6oz	9oz	bottle
Light, Refreshing, Crisp			
Riondo Prosecco, Italy	8.99		34
Copper Ridge White Zinfandel, California	7.99	11.99	31
Rosatello Moscato, Italy	8.49	12.79	33
Saint M Riesling, Germany	9.79	14.59	38
ITALIAN WHITES			
Dry and Delicate			
Bonizio Bianco by Cecchi Italian White Blend	7.49	10.99	
Ecco Domani Pinot Grigio, Italy	7.99	11.99	32
Chloe Pinot Grigio, Italy	9.49	13.99	36
Santa Margherita Pinot Grigio, Italy			47
SAUVIGNON BLANC			
Zesty, Aromatic, Fresh			
New! **Imagery,** California	10.99	15.59	38
Kim Crawford, Marlborough, New Zealand	11.49	17.29	44

CHARDONNAY	6oz	9oz	bottle
Citrus, Apples, Oak			
William Hill, California	9.49	13.99	36
Kendall-Jackson, California	10.99	16.49	46
Decoy by Duckhorn, Sonoma County, California			46
Antica, Napa Valley, California			60

HIDDEN GEMS
HAND-PICKED AND UNDISCOVERED

New! **Cecchi Chianti Classico,** Tuscany, Italy
93 points, James Suckling A true, authentic Tuscan red wine from the Cecchi family, this Chianti Classico has flavors of blueberry, vanilla and spice 12.99 18.79 48

New! **Allegrini Valpolicella,** Verona, Italy
90 points, Wine Enthusiast Historic red blend from the hills of romantic Verona, Italy. Fragrant and elegant – filled with red fruit and aromatic herbs 9.99 14.59 42

Proprietor's Pick
Ask your server about special selections at your local Carrabba's

ROSÉ	6oz	9oz	bottle
Elegant and Crisp			
M. Chapoutier Belleruche, Côtes-du-Rhône, France	7.99	11.99	32
New! **Martini & Rossi Sparkling,** Torino, Italy	8.79		34
PINOT NOIR			
Juicy, Silky, Red Berries			
Mark West, California	9.49	13.99	38
Coppola Votre Santé, California			44
Elouan, Oregon	12.49	18.59	48
INTERESTING REDS			
Smooth and Velvety			
Apothic Red Blend, California	9.49	13.99	36
Joel Gott Zinfandel, California			43
Layer Cake Malbec, Argentina	12.29	18.49	47
Stags' Leap Winery Petite Sirah, Napa Valley, California			60

MERLOT	6oz	9oz	bottle
Sultry and Sumptuous			
Ecco Domani, Italy	7.99	11.99	32
Markham, California			47
ITALIAN REDS			
Cherries, Berries and Spice			
Bonizio Rosso by Cecchi Italian Red Blend	7.49	10.99	
Gabbiano Chianti, Tuscany	8.99	13.49	36
Santa Cristina Chianti Superiore, Tuscany			37
Pian di Nova Super Tuscan, Tuscany	12.49	18.59	48
Guado al Tasso "Il Bruciato", Bolgheri, Italy	13.59	19.29	54
Marchesi di Barolo Barolo Tradizione, Piedmont			70
Gaja Ca' Marcanda Promis Red Blend, Tuscany			73
CABERNET SAUVIGNON			
Big, Bold, Robust			
Beringer Founders' Estate, California	7.49	11.29	28
Dark Horse, California			36
Coppola Diamond, California	10.49	15.79	40
J. Lohr "Seven Oaks", Paso Robles, California			43
Louis Martini, California	10.99	16.49	44
Sequoia Grove, Napa Valley, California			70

Wines contain sulfites.

SANGRIA

BLACKBERRY
6oz (250 calories) | 8.49
9oz (370 calories) | 12.49
pitcher (1050 calories) | 34

PEACH
6oz (210 calories) | 8.49
9oz (300 calories) | 12.49
pitcher (880 calories) | 34

CLASSIC RED
6oz (200 calories) | 7.49
9oz (290 calories) | 10.99
pitcher (1040 calories) | 30

BEERS

Domestic, craft & imported bottled beers available.
Bud Light (110 calories)
Blue Moon (180 calories)
Peroni (160 calories)
Stella Artois (170 calories)

BEVERAGES

ITALIAN BOTTLED WATER
Acqua Panna Still (0 calories) or
San Pellegrino Sparkling (0 calories)

FRESH BREWED ICED TEA (0-50 calories)

MINUTE MAID COUNTRY STYLE LEMONADE (120 calories)

SPARKLING ITALIAN SODAS
Orange (180 calories) or
Raspberry (190 calories)

SOFT DRINKS
(90 | 0 | 80 | 90 | 80 calories)

Drink Responsibly.
Drive Responsibly.

©1995-2018 Carrabba's Italian Grill, LLC. All rights reserved. All trademarks and logos are property of their respective owners and are protected by applicable trademark or other Intellectual Property laws.