CARRABBA'S ITALIAN GRILL®

# A NEW WAY TO DO ITALIAN

## APPETIZERS

### CALAMARI
Hand-breaded to order and served with our marinara sauce
(900 calories) | 12.49
**With Ricardo Sauce**
(110 calories) | 12.99

### MOZZARELLA MARINARA
Hand-cut and breaded, served with our marinara sauce
(990 calories) | 10.49

### COZZE IN BIANCO
Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce
(300 calories) | 12.49

### SHRIMP SCAMPI
Garlic, white wine and our lemon butter sauce served with baked bread
(700 calories) | 11.49

### TOMATO CAPRESE WITH FRESH BURRATA
Creamy burrata mozzarella, tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil
(500 calories) | 10.49

### ZUCCHINI FRITTE
Hand-breaded, lightly fried and served with roasted garlic aioli
(910 calories) | 9.99

### CALABRIAN ROASTED WINGS
Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce
(850 calories) | 12.49

## SMALL PLATES

### GRILLED ASPARAGUS WITH PROSCIUTTO
Wood-grilled asparagus wrapped in prosciutto and mozzarella, drizzled with balsamic glaze
(250 calories) | 6.49

### THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS
Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce
(290) calories | 6.99

### MEATBALLS & RICOTTA
Simmered in our pomodoro sauce with ricotta and romano cheese
(380 calories) | 6.49

### BRUSCHETTE SCOTTY THOMPSON
Our housemade pomodoro sauce topped with goat cheese and served with baked bread
(520 calories) | 5.49

## LUNCH COMBOS

### 1/2 SANDWICH*,** & SOUP OR SALAD
Choose a half Italian sandwich and either a cup of soup or a side salad
(340-720 calories) | 10.99

### SOUP & SALAD
Cup of soup and choice of a House, Italian or Caesar side salad
(360-570 calories) | 9.99

## SOUPS & SALADS

All salads may be made with light balsamic dressing GF (80 calories).
Add crumbled gorgonzola GF (110 calories) to any salad for $2.00.

### MAMA MANDOLA'S SICILIAN CHICKEN SOUP
Spicy chicken soup that has soothed the family for generations
cup (100 calories) | 4.99
bowl (200 calories) | 6.99

### MINESTRONE
Traditional Italian vegetable soup
cup (120 calories) | 4.99
bowl (240 calories) | 6.99

### SAUSAGE & LENTIL
Hearty lentil soup with our Italian fennel sausage
cup (220 calories) | 4.99
bowl (450 calories) | 6.99

### ITALIAN SALAD
Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing
Chicken (840 calories) | 13.99
Shrimp (770 calories) | 14.99
Salmon* (1000 calories) | 16.99

### JOHNNY ROCCO SALAD
Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette
(540 calories) | 17.49

### CAESAR SALAD
Wood-grilled chicken, shrimp or salmon served over romaine hearts, croutons, parmesan cheese and caesar dressing
Chicken (720 calories) | 13.99
Shrimp (650 calories) | 14.99
Salmon* (1180 calories) | 16.99

### SIDE SALADS
Italian GF (350 calories)
House GF (260 calories) or
Caesar (320 calories) | 4.99

## ITALIAN SANDWICHES

Served with French fries.
Substitute Grilled Asparagus or Fettuccine Alfredo for an additional $2.50.
Add a cup of soup or a side salad for $2.99.

### CAPRESE**
Fresh milk mozzarella, tomatoes, fresh basil, pesto with pine nuts and walnuts on a baked ciabatta roll
(480 calories) | 9.99
Chicken (580 calories) | 11.99

### STEAK*
Sliced wood-grilled sirloin topped with mozzarella cheese, mushrooms and our Lombardo Marsala wine sauce on a baked ciabatta roll
(740 calories) | 13.99

### MEATBALL
Our meatballs with ricotta, romano and mozzarella cheese on a baked ciabatta roll
(690 calories) | 11.99

### CHICKEN PARMESAN
Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and mozzarella, served on a baked ciabatta roll (620 calories) | 12.99

## WOOD-FIRED PIZZA

Add a cup of soup or a side salad for $2.99.

### MARGHERITA PIZZA
Fresh milk mozzarella, fresh tomatoes and basil
(620 calories) | 12.49

### PEPPERONI PIZZA
Fresh mozzarella and pepperoni
(680 calories) | 12.99

### CHICKEN BRYAN PIZZA
Wood-grilled chicken, sun-dried tomatoes, goat cheese, basil and our housemade lemon butter
(790 calories) | 13.49

### CREATE YOUR OWN PIZZA
Our zesty pizza sauce with mozzarella and romano cheese (550 calories)
Your choice of up to 3 toppings | 13.99

Italian fennel sausage (150 calories),
Pepperoni (120 calories),
Meatballs (230 calories),
Kalamata olives (40 calories),
Mushrooms (40 calories),
Roasted red bell peppers (10 calories),
Onions (10 calories) or
Sun-dried tomatoes (90 calories)

An 18% gratuity will be added for parties of 8 or more.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.

GF This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta. Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.

*THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. ** Item contains or may contain nuts.

# PASTA

Add a cup of soup or a side salad for $2.99.
Ask your server about GF Gluten-Free Casarecce pasta or Whole Grain spaghetti options.

### LINGUINE POSITANO
Crushed tomatoes, garlic, olive oil and basil (800 calories) | 9.99
Chicken (970 calories) | 12.99
Shrimp (870 calories) | 13.99

### FETTUCCINE WEESIE
Fettuccine Alfredo with sautéed shrimp, scallions, garlic and mushrooms in our white wine lemon butter sauce (1290 calories) | 14.99

### LASAGNE
Pasta layered with our pomodoro sauce, meat sauce, ricotta, romano and mozzarella cheese (780 calories) | 12.99

### MEZZALUNA
Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce (590 calories) | 12.99

### SPAGHETTI
Pomodoro sauce (670 calories) | 9.99
Bolognese meat sauce (880 calories) or Meatballs (1040 calories) | 12.99

### FETTUCCINE CARRABBA
Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas (720 calories) | 14.49

### PASTA GEORGIO
Penne pasta with sautéed bell peppers and romano in our roasted red pepper sauce, topped and baked with meatballs and mozzarella (1260 calories) | 13.99

Entrées are served with your choice of side. Add a cup of soup or a side salad for $2.99.
Substitute Garlic & Rosemary Fries or Sautéed Spinach for an additional $1.00
or Grilled Asparagus or Fettuccine Alfredo for an additional $2.50.

# SPECIALTIES

### CHICKEN BRYAN GF
Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce (540 calories) | 14.99

### CHICKEN MARSALA GF
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce (440 calories) | 14.99

### TUSCAN-GRILLED CHICKEN GF
Wood-grilled and seasoned with our signature grill baste, olive oil and herbs (290 calories) | 13.99

### CHICKEN PARMESAN
Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and mozzarella (690 calories) | 14.49

### PROSCIUTTO-WRAPPED PORK TENDERLOIN* GF
Medallions wrapped in prosciutto, wood-grilled and topped with our port wine fig sauce (350 calories) | 16.99

### EGGPLANT PARMESAN
Layers of sliced eggplant coated with seasoned breadcrumbs and topped with pomodoro sauce, mozzarella and romano cheese (650 calories) | 14.99

# SEAFOOD

### TOMATO BASIL SALMON* GF
Wood-grilled and topped with our tomato basil vinaigrette (690 calories) | 16.99

### MAHI WULFE*
Lightly breaded, wood-grilled and topped with artichokes, sun-dried tomatoes and our basil lemon butter sauce (370 calories) | 19.99

### Simply Grilled Mahi GF
(210 calories) | 17.99

# STEAK

### TUSCAN-GRILLED SIRLOIN* GF
Wood-grilled with our signature grill baste, olive oil and herbs
6oz (320 calories) | 13.99

### TUSCAN-GRILLED SIRLOIN MARSALA* GF
Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce
6oz (470 calories) | 15.99

# SIDES

### SAUTÉED BROCCOLI GF
(100 calories) | 3.99

### GARLIC MASHED POTATOES GF
(280 calories) | 3.99

### PENNE POMODORO
(210 calories) | 3.99

### GARLIC & ROSEMARY FRIES
(540 calories) | 4.99

### SAUTÉED SPINACH GF
(180 calories) | 4.99

### GRILLED ASPARAGUS GF
(60 calories) | 6.49

### FETTUCCINE ALFREDO
(700 calories) | 6.49

# VINO

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories)
Sparkling: 6oz (140 calories) | Bottle (600 calories)

| SPARKLING & SWEET *Light, Refreshing, Crisp* | 6oz | 9oz | bottle |
|---|---|---|---|
| **Riondo** Prosecco, Italy | 8.29 | | 33 |
| **Copper Ridge** White Zinfandel, California | 7.79 | 11.49 | 31 |
| **Rosatello** Moscato, Italy | 8.29 | 12.19 | 33 |
| **Saint M** Riesling, Germany | 9.49 | 14.19 | 37 |
| **ITALIAN WHITES** *Dry and Delicate* | | | |
| **Bonizio Bianco by Cecchi** Italian White Blend | 6.99 | 10.99 | |
| **Ecco Domani** Pinot Grigio, Italy | 7.79 | 11.49 | 31 |
| **Chloe** Pinot Grigio, Italy | 8.99 | 13.69 | 37 |
| **Santa Margherita** Pinot Grigio, Italy | 12.19 | 17.99 | 49 |
| **SAUVIGNON BLANC** *Zesty, Aromatic, Fresh* | | | |
| **Kim Crawford,** Marlborough, New Zealand | 10.99 | 16.49 | 45 |
| **CHARDONNAY** *Citrus, Apples, Oak* | | | |
| **William Hill,** California | 8.59 | 12.99 | 35 |
| **Kendall-Jackson,** California | 10.59 | 15.99 | 45 |
| **ROSÉ** *Elegant and Crisp* | | | |
| **M. Chapoutier Belleruche,** Côtes-du-Rhône, France | 8.29 | 12.19 | 33 |
| **PINOT NOIR** *Juicy, Silky, Red Berries* | | | |
| **Mark West,** California | 8.99 | 13.69 | 37 |
| **Elouan,** Oregon | 12.19 | 17.99 | 47 |

| INTERESTING REDS *Smooth and Velvety* | 6oz | 9oz | bottle |
|---|---|---|---|
| **Apothic** Red Blend, California | 8.59 | 12.99 | 35 |
| **Aruma** Malbec, Mendoza, Argentina | 11.49 | 16.99 | 45 |
| **Conundrum** Red Blend, California | 12.19 | 17.99 | 47 |
| **MERLOT** *Sultry and Sumptuous* | | | |
| **Bogle,** Clarksburg, California | 7.79 | 11.49 | 31 |
| **ITALIAN REDS** *Cherries, Berries and Spice* | | | |
| **Bonizio Rosso by Cecchi** Italian Red Blend | 6.99 | 10.99 | |
| **Gabbiano** Chianti, Tuscany | 8.59 | 12.99 | 35 |
| **CABERNET SAUVIGNON** *Big, Bold, Robust* | | | |
| **Beringer Founders' Estate,** California | 7.29 | 10.79 | 31 |
| **Dark Horse,** California | 8.59 | 12.99 | 35 |
| **Louis Martini,** California | 10.59 | 15.79 | 45 |
| **J. Lohr "Seven Oaks",** Paso Robles, California | 10.99 | 15.99 | 45 |
| **Sequoia Grove,** Napa Valley, California | | | 69 |

*Wines contain sulfites.*

**PROPRIETOR'S PICK**
Ask your server about special selections available in limited quantities, only at your local Carrabba's.

# BEERS

PERONI ITALY (160 cal) | SAMUEL ADAMS (190 cal) | PYRAMID BREWING CO. (210 cal) | COORS LIGHT (110 cal) | MICHELOB ULTRA (100 cal)

Domestic, craft & imported bottled beers available.

# BEVERAGES

### ITALIAN BOTTLED WATER
Acqua Panna Still (0 calories)
San Pellegrino Sparkling (0 calories)

### FRESHLY BREWED ICED TEA (0/50 calories)
GOLD PEAK TEA FRESH BREWED ICED TEA

### FLAVORED ICED TEA OF THE DAY
Gold Peak® Iced Tea flavored with some of our favorites. Ask your server about today's options (35-45 calories)

### MINUTE MAID COUNTRY STYLE LEMONADE (110 calories)
Minute Maid

### PREMIUM FLAVORED LEMONADES
Strawberry (140 calories) or
Raspberry (150 calories)

### SOFT DRINKS
Coca-Cola | Coke | Sprite | Diet Chic | Dr Pepper
(90 | 0 | 80 | 90 | 80 calories)

# SANGRIA

### BLACKBERRY
Light and fruity. Bonizio Rosso and Tuaca infused with blackberries, citrus and a hint of vanilla
6oz (250 calories) | 7.99
9oz (370 calories) | 11.99
pitcher (1050 calories) | 32

### PEACH
Bright and sweet. Absolut Apeach, Patrón Citrónge, cranberry and orange juices and crisp wine
6oz (210 calories) | 7.99
9oz (310 calories) | 11.99
pitcher (910 calories) | 32

### CLASSIC RED
Bold and spicy. Bonizio Rosso, brandy and a hint of cinnamon
6oz (200 calories) | 7.99
9oz (290 calories) | 11.99
pitcher (1040 calories) | 32

**For Specialty Cocktails, please explore our Beverage Book**

Drink Responsibly. Drive Responsibly.

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