

# VINO

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories)  
Sparkling: 6oz (140 calories) | Bottle (600 calories)

SPARKLING & SWEET	6oz	9oz	bottle
<i>Light, Refreshing, Crisp</i>			
<b>Riondo</b> Prosecco, Italy	7.99		30
<b>Copper Ridge</b> White Zinfandel, California	7.49	11.29	29
<b>Rosatello</b> Moscato, Italy	7.99	11.99	31
<b>Saint M</b> Riesling, Germany	9.29	13.99	36
<b>ITALIAN WHITES</b>			
<i>Dry and Delicate</i>			
<b>Bonizio Bianco</b> Italian White Blend	6.99	10.49	
<b>Ecco Domani</b> Pinot Grigio, Italy	7.49	11.29	30
<b>Chloe</b> Pinot Grigio, Italy	8.99	13.49	34
<b>Santa Margherita</b> Pinot Grigio, Italy			47
<b>SAUVIGNON BLANC</b>			
<i>Zesty, Aromatic, Fresh</i>			
<b>Kim Crawford</b> , Marlborough, New Zealand	10.99	16.49	42
<b>CHARDONNAY</b>			
<i>Citrus, Apples, Oak</i>			
<b>William Hill</b> , California	8.49	12.79	32
<b>Kendall-Jackson</b> , California	10.49	15.79	44
<b>Decoy by Duckhorn</b> , Sonoma County, California			46
<b>New! Antica</b> , California			59
<b>ROSÉ</b>			
<i>Elegant and Crisp</i>			
<b>Belleruche</b> , Côtes-du-Rhône, France	7.99	11.99	30

PINOT NOIR	6oz	9oz	bottle
<i>Juicy, Silky, Red Berries</i>			
<b>Mark West</b> , California	8.99	13.49	36
<b>Coppola Votre Santé</b> , California			42
<b>Elouan</b> , Oregon	11.99	17.99	46
<b>WORLDLY REDS</b>			
<i>Smooth and Velvety</i>			
<b>Apothic</b> Red Blend, California	8.49	12.79	32
<b>Joel Gott</b> Zinfandel, California			42
<b>Layer Cake</b> Malbec, Argentina	11.29	16.79	44
<b>Stags' Leap Winery</b> Petite Sirah, Napa Valley, California			55
<b>MERLOT</b>			
<i>Sultry and Sumptuous Dark Fruit</i>			
<b>Ecco Domani</b> , Italy	7.49	11.29	30
<b>Markham</b> , California			45
<b>ITALIAN REDS</b>			
<i>Cherries, Berries and Spice</i>			
<b>Bonizio Rosso</b> Italian Red Blend	6.99	10.99	
<b>Gabbiano</b> Chianti, Tuscany	8.49	12.79	34
<b>Santa Cristina</b> Chianti Superiore, Tuscany			39
<b>Pian di Nova</b> Super Tuscan, Tuscany	11.99	17.79	46
<b>Marchesi di Barolo</b> Barolo Tradizione, Piedmont			65
<b>Gaja Ca' Marcanda Promis</b> Red Blend, Tuscany			68
<b>CABERNET SAUVIGNON</b>			
<i>Big, Bold, Robust</i>			
<b>Beringer Founders' Estate</b> , California	6.99	10.49	26
<b>Dark Horse</b> , California			32
<b>Coppola Diamond</b> , California	9.99	14.99	38
<b>Louis Martini</b> , California	10.49	15.79	42
<b>J. Lohr "Seven Oaks"</b> , California			41
<b>Sequoia Grove</b> , Napa Valley, California			68

Wines contain sulfites.

## INTERESTING GEMS

HAND-PICKED AND UNDISCOVERED

**New! Hanna** Sauvignon Blanc, California  
Crisp and vibrant flavors of tropical mango, fresh peach and zesty citrus, produced by Chris Hanna, an expert in Sonoma winemaking and lifestyle 44

**Guado al Tasso "Il Bruciato"** Cabernet Blend, Bolgheri, Italy  
92 points Wine Spectator  
Antinori, 26 generation vintners, produce this wine at their family estate on the Tuscan coast which boasts enticing aromas of red berry fruit, sweet spice 52

## SANGRIA

### BLACKBERRY SANGRIA

Light and Fruity. House Rosso, infused with blackberries, citrus and a hint of vanilla  
6oz (250 calories) | 7.99  
9oz (370 calories) | 11.99  
pitcher (1050 calories) | 32

### PEACH SANGRIA

Bright and Crisp. White Zinfandel, Absolut Apeach, Patrón Citronge, cranberry and orange juice  
6oz (210 calories) | 7.99  
9oz (300 calories) | 11.99  
pitcher (880 calories) | 32

### CLASSIC RED SANGRIA

Bold and Spicy. House Rosso, brandy and a hint of cinnamon  
6oz (200 calories) | 6.99  
9oz (290 calories) | 10.49  
pitcher (1040 calories) | 28

## BEERS

**PERONI** ITALY

**STELLA ARTOIS**  
**BLUE MOON**  
**BUD LIGHT**

Domestic, craft & imported bottled beers available.  
Bud Light, 13oz (110 calories)  
Blue Moon, 13oz (180 calories)  
Peroni, 13oz (150 calories)  
Stella Artois, 13oz (170 calories)

For Specialty Cocktails, please explore our Beverage Book.

Drink Responsibly. Drive Responsibly.

## BEVERAGES

### SPARKLING ITALIAN SODAS

Orange (180 calories) or Raspberry (190 calories)

### FRESH BREWED ICED TEA (0/50 calories)

**MINUTE MAID COUNTRY STYLE LEMONADE** (120 calories)

### ITALIAN BOTTLED WATER

Acqua Panna Still (0 calories) or San Pellegrino Sparkling (0 calories)

### SOFT DRINKS

**Coca-Cola** **Coke** **Sprite** **7-UP** **Dr Pepper**  
(90 | 0 | 80 | 90 | 80 calories)



## SMALL PLATES

### BRUSCHETTE SICILIANI

Oven-baked bread served with diced tomatoes, fresh basil, oregano, red onions and kalamata olives marinated in olive oil and red wine vinegar then topped with ricotta salata (320 calories) | 4.49

### GRILLED ASPARAGUS WITH PROSCIUTTO

Wood-grilled asparagus wrapped in prosciutto and fontina, drizzled with balsamic glaze (210 calories) | 5.99

### MEATBALLS & RICOTTA

Simmered in our pomodoro sauce with ricotta and romano cheese (370 calories) | 5.99

### THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS

Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce (300 calories) | 6.49



THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS

**CARRABBA'S**  
ITALIAN GRILL®

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

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## SALADS

All salads may be made with light balsamic dressing **GF** (80 calories).

Add crumbled gorgonzola **GF** (110 calories) to any salad for \$2.00.

### ITALIAN SALAD **GF**

Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing  
Chicken (850 calories) | 14.49  
Shrimp (780 calories) | 16.49

### JOHNNY ROCCO SALAD **GF**

Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette  
(540 calories) | 17.49

### CAESAR SALAD

Wood-grilled chicken or shrimp served over romaine, croutons, parmesan cheese and caesar dressing  
Chicken (780 calories) | 14.49  
Shrimp (700 calories) | 16.49

### SIDE SALADS **GF**

Italian **GF** (350 calories), House **GF** (290 calories) or Caesar (350 calories) | 4.99

## SOUPS

### MAMA MANDOLA'S SICILIAN CHICKEN SOUP **GF**

Spicy chicken soup that has soothed the family for generations  
cup (110 calories) | 4.99  
bowl (220 calories) | 6.99

### MINESTRONE **GF**

Traditional Italian vegetable soup  
cup (120 calories) | 4.99  
bowl (240 calories) | 6.99

### SAUSAGE & LENTIL **GF**

Hearty lentil soup with our Italian fennel sausage  
cup (220 calories) | 4.99  
bowl (430 calories) | 6.99

## SIDES

### SAUTÉED BROCCOLI **GF**

(160 calories) | 3.99

### GARLIC MASHED POTATOES **GF**

(330 calories) | 3.99

### PENNE POMODORO

(330 calories) | 3.99

### PREMIUM SIDES

#### GRILLED ASPARAGUS **GF**

(70 calories) | 4.99

#### FETTUCINE ALFREDO

(650 calories) | 4.99

## APPETIZERS

### CALAMARI

Hand-breaded to order and served with our marinara sauce  
(900 calories) | 11.79

### MOZZARELLA MARINARA

Hand-cut and breaded, served with our marinara sauce  
(990 calories) | 9.99

### SHRIMP SCAMPI

Garlic, white wine and our lemon butter sauce served with baked bread  
(720 calories) | 10.99



MUSSELS IN WHITE WINE LEMON BUTTER

### ZUCCHINI FRITTE

Hand-breaded, lightly fried and served with roasted garlic aioli  
(920 calories) | 9.79

### CALABRIAN ROASTED WINGS

Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce  
(890 calories) | 10.99

### MUSSELS IN WHITE WINE LEMON BUTTER

Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce  
(650 calories) | 11.99

### TOMATO CAPRESE WITH FRESH BURRATA **GF**

Creamy burrata mozzarella, tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil  
(500 calories) | 9.49

## WOOD-FIRED PIZZAS

### MARGHERITA PIZZA

Fresh milk mozzarella, fresh tomatoes and basil  
(710 calories) | 12.99

### PEPPERONI PIZZA

Fresh mozzarella and pepperoni  
(660 calories) | 13.49

### CREATE YOUR OWN PIZZA

Our zesty pizza sauce with mozzarella and romano cheese.

Your choice of up to three toppings  
(630-1050 calories) | 14.99

Italian fennel sausage (150 calories), Pepperoni (60 calories), Meatballs (230 calories), Kalamata olives (40 calories), Mushrooms (45 calories), Roasted red bell peppers (5 calories), Onions (5 calories) or Sun-dried tomatoes (90 calories)

## PASTA

Pastas are served with a cup of soup or a side salad.

Ask your server about **GF** Gluten-Free Casarecce pasta or Whole Grain spaghetti options.



SHRIMP & SCALLOP LINGUINE ALLA VODKA

### LINGUINE PESCATORE

Shrimp, sea scallops, mussels and spicy marinara sauce  
(850 calories) | 19.99

### FETTUCINE CARRABBA

Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas  
(1390 calories) | 16.99

### LOBSTER RAVIOLI

Ravioli stuffed with lobster and romano in our white wine cream sauce topped with diced tomatoes  
(710 calories) | 19.59

### SPAGHETTI

Pomodoro sauce (670 calories) | 13.49  
Bolognese meat sauce (880 calories) or Meatballs or Sausage (1040 calories) | 15.99

### MEZZALUNA

Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce  
(630 calories) | 16.49

### FETTUCINE WEESIE

Fettuccine Alfredo with sautéed shrimp, scallions, basil, garlic and mushrooms in our white wine lemon butter sauce  
(1460 calories) | 18.49

## CHICKEN, PORK & VEAL

### CHICKEN BRYAN **GF**

Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce  
(680 calories) | 18.99

### CHICKEN MARSALA **GF**

Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce  
(480 calories) | 18.99

### CHICKEN PARMESAN

Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce, romano and mozzarella  
(690 calories) | 17.99

### TUSCAN-GRILLED CHICKEN **GF**

Wood-grilled and seasoned with our signature grill baste, olive oil and herbs  
(290 calories) | 15.49

## STEAKS & CHOPS

### TUSCAN-GRILLED SIRLOIN\* **GF**

6oz (320 calories) | 15.99  
9oz (490 calories) | 18.99

### TUSCAN-GRILLED FILET\* **GF**

9oz (640 calories) | 25.99

**GF** Pairs well with Coppola Diamond Cabernet Sauvignon, California

### *New!* TUSCAN-GRILLED RIBEYE\* **GF**

13oz (710 calories) | 24.99

### TUSCAN-GRILLED PORK CHOP\* **GF**

One Chop (390 calories) | 15.99  
Two Chops (780 calories) | 19.49

Entrées are served with a cup of soup or a side salad and your choice of side. Substitute Grilled Asparagus or Fettuccine Alfredo for an additional \$2.50.

### PARMESAN-CRUSTED CHICKEN ARUGULA

Sautéed chicken breast crusted with grated parmesan and panko breadcrumbs topped with fresh arugula, tomatoes and parmesan cheese in our Mediterranean lemon vinaigrette  
(660 calories) | 17.99

### PROSCIUTTO-WRAPPED PORK TENDERLOIN\* **GF**

Medallions wrapped in prosciutto, wood-grilled and topped with our port wine fig sauce  
(410 calories) | 15.99

### VEAL MARSALA\* **GF**

Sautéed and topped with mushrooms and our Lombardo Marsala wine sauce  
(460 calories) | 21.99

### *The Classic Recipe is Back!* POLLO ROSA MARIA **GF**

Wood-grilled chicken stuffed with fontina cheese and prosciutto, topped with mushrooms and our basil lemon butter sauce  
(620 calories) | 19.79

**GF** Pairs well with Elouan Pinot Noir, Oregon



POLLO ROSA MARIA

Prepared with our signature grill baste, olive oil and herbs.

Served simply grilled or with your choice of one of the following toppings:

SPICY SICILIAN BUTTER **GF**  
(60 calories)

GORGONZOLA SAUCE **GF**  
(190 calories)

MARSALA SAUCE **GF** (add \$3.80)  
(190 calories)

BRYAN TOPPING **GF** (add \$3.80)  
(320 calories)

WITH A SPIEDINO (add \$4.80 each)  
(270 calories)



TUSCAN-GRILLED FILET MARSALA

## SEAFOOD

### SALMON CETRIOLINI\* **GF**

Wood-grilled and topped with diced tomato, cucumber and dill in our lemon white wine sauce  
(850 calories) | 19.99

**GF** Pairs well with William Hill Chardonnay, California

### WOOD-GRILLED TILAPIA\* **GF**

With olive oil and our signature grill seasoning, topped with roasted tomatoes, basil and balsamic glaze  
(310 calories) | 16.79

### SHRIMP & SEA SCALLOP SPIEDINO **GF**

Coated with Italian breadcrumbs, wood-grilled and topped with our lemon butter sauce  
(550 calories) | 20.79



SALMON CETRIOLINI

## COMBINATIONS

### THE JOHNNY\* **GF**

Tuscan-Grilled Sirloin Marsala & Chicken Bryan  
(760 calories) | 23.49

### CARRABBA'S ITALIAN CLASSICS

Chicken Parmesan & Lasagne  
(730 calories) | 20.99

### *It's Back!*

### CHICKEN TRIO **GF**

Chicken Bryan, Pollo Rosa Maria & Chicken Marsala  
(940 calories) | 24.49

**GF** Pairs well with Markham Merlot, California



CHICKEN TRIO

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Additional nutritional information available upon request.

**GF** Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.

**GF** This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta. Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.

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\* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.