# VINO

SPARKLING & SWEET	6oz	9oz	bottle		
Light, Refreshing, Crisp					
Riondo Prosecco, Italy	9.29		37		
Copper Ridge White Zinfandel, California	8.29	12.19	33		
Rosatello Moscato, Italy	8.79	12.99	35		
Saint M Riesling, Germany	9.99	14.79	39		
ITALIAN WHITES					
Dry and Delicate					
<b>Bonizio Bianco by Cecchi</b> Italian White Blend	7.49	10.99			
Ecco Domani Pinot Grigio, Italy	8.29	12.19	33		
Chloe Pinot Grigio, Italy	9.49	14.19	39		
Santa Margherita Pinot Grigio, Italy			49		
SAUVIGNON BLANC					
Zesty, Aromatic, Fresh					
New! Imagery, California	10.99	15.79	41		
Kim Crawford, Marlborough, New Zealand	11.49	17.29	47		
CHARDONNAY					
Citrus, Apples, Oak					
William Hill, California	9.59	14.19	39		
Kendall-Jackson, California	11.19	16.69	47		
Decoy by Duckhorn, Sonoma County, California					
Antica, Napa Valley, California			63		

HIDDEN GEMS

HAND-PICKED AND UNDISCOVERED

*Mew!* Cecchi Chianti Classico, Tuscany, Italy 93 points, James Suckling A true, authentic Tuscan red wine from the Cecchi family, this Chianti Classico has flavors of blueberry, vanilla and spice 13.19 18.99 49

Mew! Allegrini Valpolicella, Verona, Italy90 points, Wine Enthusiast Historic red blend from the hillsof romantic Verona, Italy. Fragrant and elegant – filled with redfruit and aromatic herbs10.1914.7943

#### Proprietor's Pick

Ask your server about special selections at your local Carrabba's

## SANGRIA

BLACKBERRY

Light and fruity. Bonizio Rosso and Tuaca infused with blackberries, citrus and a hint of vanilla 6oz (250 calories) | 8.59 9oz (370 calories) | 12.59 pitcher (1050 calories) | 34

#### PEACH

Bright and crisp. White Zinfandel, Absolut Apeach, Patrón Citronge, cranberry and orange juice 6oz (210 calories) | 8.59 9oz (300 calories) | 12.59 pitcher (880 calories) | 34

CLASSIC RED Bold and spicy. Bonizio Rosso, brandy and a hint of cinnamon 6oz (200 calories) | 8.59 9oz (290 calories) | 12.59 pitcher (1040 calories) | 34



Domestic, craft & imported bottled beers available. Bud Light (110 calories) Blue Moon (180 calories) Peroni (160 calories) Stella Artois (170 calories)

FOR SPECIALTY COCKTAILS, PLEASE EXPLORE OUR BEVERAGE BOOK. Orink Responsibly. Drive Responsibly.

White, Rosé or Red: 6oz (150 calories) | 9oz (230 calories) | Bottle (650 calories) Sparkling: 6oz (140 calories) | Bottle (600 calories)

	ROSÉ	6oz	9oz	bottle
	Elegant and Crisp			
	M. Chapoutier Belleruche, Côtes-du-Rhône, France	8.29	12.19	35
	<i>New!</i> Martini & Rossi Sparkling, Torino, Italy	8.79		35
	PINOT NOIR			
	Juicy, Silky, Red Berries			
	Mark West, California	9.49	14.19	39
	Coppola Votre Santé, California			45
	Elouan, Oregon	12.69	18.59	49
	INTERESTING REDS			
	Smooth and Velvety			
	Apothic Red Blend, California	9.59	14.19	39
	Joel Gott Zinfandel, California			45
	Layer Cake Malbec, Argentina	12.49	18.69	49
	Stags' Leap Winery Petite Sirah, Napa Valley,	Califor	nia	63
	MERLOT			
	Sultry and Sumptuous			
	Ecco Domani, Italy	8.29	12.19	33
	Markham, California			49
	ITALIAN REDS			
	Cherries, Berries and Spice			
	Bonizio Rosso by Cecchi Italian Red Blend	7.49	10.99	
	Gabbiano Chianti, Tuscany	9.29	13.69	37
	Santa Cristina Chianti Superiore, Tuscany			39
	Pian di Nova Super Tuscan, Tuscany	12.69	18.79	49
	<b>Guado al Tasso "Il Bruciato",</b> Bolgheri, Italy	13.79	19.49	55
Marchesi di Barolo Barolo Tradizione, Piedmont				73
	Gaja Ca' Marcanda Promis Red Blend, Tusc	any		75
	CABERNET SAUVIGNON			
	Big, Bold, Robust			
	Beringer Founders' Estate, California	7.69	11.49	33
	Dark Horse, California	9.59	14.49	39
	Coppola Diamond, California			43
	Louis Martini, California	11.19	16.69	47
	J. Lohr "Seven Oaks", Paso Robles, California	11.49	16.99	47
	Sequoia Grove, Napa Valley, California			71
	Wines contain sulfites.			



Acqua Panna Still (0 calories) or San Pellegrino Sparkling (0 calories)

FRESHLY BREWED ICED TEA (0/50 calories)

**FLAVORED ICED TEA OF THE DAY** Gold Peak<sup>®</sup> Iced Tea flavored with some of our favorites. Ask your server about today's options (35-45 calories)

MINUTE MAID COUNTRY STYLE LEMONADE (120 calories) SPARKLING ITALIAN SODAS

Orange (180 calories) or Raspberry (190 calories)



2,000 calories a day is used for general nutrition advice, but calorie needs vary. ©1995-2018 Carrabba's Italian Grill, LLC. All rights reserved. All trademarks and logos are property of their respective owners and are protected by applicable trademark or other Intellectual Property laws.







BRUSCHETTE SICILIANI 🥖

Oven-baked bread served with diced tomatoes, fresh basil, oregano, red onions and kalamata olives marinated in olive oil and red wine vinegar then topped with ricotta salata (450 calories) | 4.99

**GRILLED ASPARAGUS WITH PROSCIUTTO (F)** Wood-grilled asparagus wrapped

in prosciutto and mozzarella, drizzled with balsamic glaze (250 calories) | 6.29

MEATBALLS & RICOTTA // Simmered in our pomodoro sauce with ricotta and romano cheese (380 calories) | 6.49

#### THREE-CHEESE & SAUSAGE STUFFED MUSHROOMS /

Stuffed with sausage, spinach, ricotta, romano, mozzarella and Italian breadcrumbs served over our tomato cream sauce (300 calories) | 6.79



## **SALADS**

All salads may be made with light balsamic dressing 💷 (80 calories). Add crumbled gorgonzola 💷 (110 calories) to any salad for \$2.00.

#### CAESAR SALAD

Wood-grilled chicken or shrimp served over romaine, croutons, parmesan cheese and caesar dressing Chicken (720 calories) 15.29 Shrimp (650 calories) | 17.29

#### **JOHNNY ROCCO SALAD**

Wood-grilled shrimp and sea scallops served over mixed greens tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette (530 calories) | 17.99

#### ITALIAN SALAD 😳

Mixed greens, garden vegetables, kalamata olives and our Italian vinaigrette dressing Chicken (840 calories) | 15.29 Shrimp (770 calories) 17.29

#### SIDE SALADS 🥖

Italian 💷 (350 calories), House (260 calories) or Caesar (320 calories) 4.99

## SOUPS

#### MAMA MANDOLA'S SICILIAN CHICKEN SOUP 🥖

Spicy chicken soup that has soothed the family for generations cup (100 calories) | 4.99 bowl (200 calories) | 6.99

#### MINESTRONE 💷 🥒

Traditional Italian vegetable soup cup (120 calories) | 4.99 bowl (240 calories) | 6.99

#### SAUSAGE & LENTIL 🥖

Hearty lentil soup with our Italian fennel sausage cup (220 calories) | 4.99 bowl (430 calories) | 6.99

# SIDES

SAUTÉED BROCCOLI 😳 (160 calories) | 3.99

GARLIC MASHED POTATOES 😳 (330 calories) | 3.99

> **PENNE POMODORO** (210 calories) 3.99

## PREMIUM SIDES

GRILLED ASPARAGUS 😳 (60 calories) | 6.49

**FETTUCCINE ALFREDO** (690 calories) | 6.49



#### **MUSSELS IN WHITE WINE LEMON BUTTER**

Prince Edward Island mussels steamed in white wine, basil and our lemon butter sauce (640 calories) 12 29

#### **ZUCCHINI FRITTE**

Hand-breaded, lightly fried and served with roasted garlic aioli (910 calories) | 9.99

## **APPETIZERS**

CALAMARI Hand-breaded to order and served with our marinara sauce (900 calories) | 11.99

#### MOZZARELLA MARINARA

Hand-cut and breaded, served with our marinara sauce (990 calories) 10.49

#### SHRIMP SCAMPI

Garlic, white wine and our lemon butter sauce served with baked bread (910 calories) 11.29

#### **CALABRIAN ROASTED WINGS**

Seasoned with spicy Italian peppers. Served with our gorgonzola dipping sauce (900 calories) 11.79

#### **TOMATO CAPRESE WITH** FRESH BURRATA 💷 🖉

Creamy burrata mozzarella. tomatoes, fresh basil, red onions, balsamic glaze, drizzled with extra-virgin olive oil (500 calories) 9 99

## PASTA

Pastas are served with a cup of soup or a side salad.

Ask your server about 🕫 Gluten-Free Casarecce pasta or Whole Grain spaghetti options.

#### LINGUINE PESCATORE

Shrimp, sea scallops, mussels and spicy marinara sauce (840 calories) 20.79

#### **FETTUCCINE CARRABBA**

Fettuccine Alfredo with wood-grilled chicken, sautéed mushrooms and peas (1440 calories) | 17.79

#### LASAGNE

Pasta layered with our pomodoro sauce, meat sauce, ricotta, romano and mozzarella cheese (780 calories) 16.29

#### LINGUINE POSITANO

Crushed tomatoes, garlic, olive oil and basil (800 calories) 13.29 Chicken (940 calories) | 16.29 Shrimp (870 calories) | 18.29

#### FETTUCCINE WEESIE

Fettuccine Alfredo with sautéed shrimp, scallions, basil, garlic and mushrooms in our white wine lemon butter sauce (1510 calories) 19.29

#### **RIGATONI CAMPAGNOLO**

Large rigatoni tossed with Italian sausage, red bell peppers, our pomodoro sauce, topped with warm caprino cheese (1040 calories) | 17.29

#### LOBSTER RAVIOLI

Ravioli stuffed with lobster and romano in our white wine cream sauce topped with diced tomatoes (710 calories) | 20.29

#### MEZZALUNA

Half-moon ravioli with chicken, ricotta, romano and spinach in our tomato cream sauce (740 calories) | 16.99

#### **SHRIMP & SCALLOP** LINGUINE ALLA VODKA

Sautéed shrimp and sea scallops tossed with basil in our tomato vodka cream sauce (1140 calories) 19.79

Pairs well with Pian di Nova Super Tuscan, Italy

### New! PASTA GEORGIO

Penne pasta with sautéed bell peppers and romano in our roasted red pepper sauce, topped and baked with meatballs and mozzarella (1140 calories) | 17.79

WOOD-FIRED -

PIZZAS

MARGHERITA PIZZA

Fresh milk mozzarella, fresh

tomatoes and basil

(720 calories) | 13.49

**PEPPERONI PIZZA** 

Fresh mozzarella and pepperoni

(780 calories) | 13.99

**CREATE YOUR** 

**OWN PIZZA** 

Our zesty pizza sauce with

mozzarella and romano cheese.

Your choice of up to three toppings

(650-1150 calories) | 15.49

Italian fennel sausage (150 calories),

Pepperoni (120 calories).

Meatballs (230 calories)

Kalamata olives (40 calories)

Mushrooms (40 calories),

Roasted red bell peppers (5 calories),

Onions (5 calories) or

Sun-dried tomatoes (90 calories)

\$1 for each Pasta Georgio sold will be donated to Moffitt Cancer Center<sup>+</sup>

#### **SPAGHETTI**

Pomodoro sauce (670 calories) | 13.79 Bolognese meat sauce (880 calories) or Meatballs (1040 calories) 16.29



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

\* From 8/28/18 - 12/31/18. Carrabba's will donate up to a maximum of \$50,000 to the Moffitt Cancer Center, 12902 USF Magnolia Drive. Tampa, FL 33612

🥖 Indicates Dishes Under 600 calories. Entrées are under 600 calories when paired with freshly steamed broccoli (40 calories) as a side item. Calorie count does not include soup or salad.

🕫 This dish is gluten-free. Caesar Salads are gluten-free without croutons. Mama Mandola's Sicilian Chicken Soup is gluten-free without pasta. Food is prepared in a common kitchen with the risk of gluten exposure. We cannot guarantee any menu item is completely free of gluten. When placing your order, please let your server know you are ordering a gluten-free menu item.

# CHICKEN, **PORK & VEAL**

#### CHICKEN BRYAN 😳

Wood-grilled and topped with goat cheese, sun-dried tomatoes, basil and our lemon butter sauce (680 calories) | 19.79

#### CHICKEN MARSALA 😳 🥖

Wood-grilled and topped with mushrooms and our Lombardo Marsala wine sauce (480 calories) 19.79

#### CHICKEN PARMESAN

Coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce, romano and mozzarella (690 calories) | 18.49

#### **TUSCAN-GRILLED** CHICKEN 😳 🥖

Wood-grilled and seasoned with our signature grill baste, olive oil and herbs (290 calories) 15.79

#### POLLO ROSA MARIA 😳

for an additional \$2.50.

Wood-grilled chicken stuffed with fontina cheese and prosciutto, topped with mushrooms and our basil lemon butter sauce (620 calories) 20.29 Pairs well with Elouan

Pinot Noir, Oregon

#### **PARMESAN CHICKEN** ARUGULA

Sautéed chicken breast coated with seasoned breadcrumbs topped with fresh arugula, tomatoes and parmesan cheese in our Italian vinaigrette dressing (600 calories) | 18.49

#### **PROSCIUTTO-WRAPPED** PORK TENDERLOIN\* 😳 🥖

Medallions wrapped in prosciutto, wood-grilled and topped with our port wine fig sauce (420 calories) | 16.79



#### VEAL MARSALA\*

Sautéed and topped with mushrooms and our Lombardo Marsala wine sauce (460 calories) | 22.49

## **STEAKS & CHOPS**

Prepared with our signature grill baste, olive oil and herbs. Served simply grilled or with your choice of a topping.

Entrées are served with a cup of soup or a side salad and your

choice of side. Substitute Grilled Asparagus or Fettuccine Alfredo



## **TUSCAN-GRILLED**

SIRLOIN\* 💷 🥒 6oz (320 calories) | 16.29 9oz (490 calories) | 19.29

TUSCAN-GRILLED RIBEYE\* 13oz (710 calories) | 25.49

#### TUSCAN-GRILLED FILET\*

9oz (640 calories) 26.49 Pairs well with J. Lohr "Seven Oaks" Cabernet Sauvignon, Paso Robles

#### **TUSCAN-GRILLED** PORK CHOP\*

One Chop 🥖 (390 calories) | 16.29 Two Chops (780 calories) | 19.79

## – TOPPINGS –

SPICY SICILIAN BUTTER (60 calories) GARLIC AIOLI (120 calories) MARSALA SAUCE 6 (190 calories) (add \$3.80) BRYAN TOPPING 📴 (320 calories) (add \$3.80)

SCAMPI TOPPING 📴 (390 calories) (add \$3.80)

# **SEAFOOD**

#### **SHRIMP & SEA SCALLOP SPIEDINO**

Coated with Italian breadcrumbs, wood-grilled and topped with our lemon butter sauce (550 calories) 21.29

#### **WOOD-GRILLED** TILAPIA\* 😳 🥖

With olive oil and our signature grill seasoning, topped with roasted tomatoes, basil and balsamic glaze (310 calories) 17.29

#### TOMATO BASIL SALMON\*

Wood-grilled and topped with our tomato basil vinaigrette (700 calories) | 20.49 Pairs well with William Hill Chardonnay, California

# COMBINATIONS

#### THE JOHNNY\*

Tuscan-Grilled Sirloin Marsala & Chicken Bryan (760 calories) 24.29

#### **CARRABBA'S ITALIAN** CLASSICS

Chicken Parmesan & Lasagne (690 calories) | 21.49

#### CHICKEN TRIO 😳

Chicken Bryan, Pollo Rosa Maria & Chicken Marsala (940 calories) 24.79 Pairs well with Markham 

2,000 calories a day is used for general nutrition advice, but calorie needs vary. \* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

