

479 LUNCH SPECIALS AVAILABLE MONDAY – FRIDAY Your choice of sandwich on toasted focaccia bread and one side.

# Bigger Bites. Bigger Flavor.

Enjoy a larger sandwich made with high-quality ingredients. Now, that's more flavor in every bite!

# Choose a Sandwich

COLD

**BRUSCHETTE CHICKEN** (770 cal) Our seasoned wood-grilled chicken topped with roasted tomatoes, burrata cheese, and pesto\*\*



#### ITALIAN (1030 cal)

An Italian Favorite! Thinly sliced salami, prosciutto ham, mortadella, mozzarella cheese, sliced tomato, romaine lettuce, pepperoncini peppers, roasted garlic aioli, and Italian dressing

**CAPRESE** (570 cal) An Italian Favorite! Sliced tomatoes, burrata cheese, and pesto\*\*



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**MEATBALL** (1010 cal) Meatballs in our pomodoro sauce topped with mozzarella and grated romano cheeses

CHICKEN PARMESAN (560 cal) Chicken, coated with Mama Mandola's breadcrumbs, sautéed and topped with our pomodoro sauce and parmesan & mozzarella cheeses

**STEAK MARSALA**\* (650 cal) Sliced sirloin and mozzarella cheese topped with mushrooms and our Lombardo Marsala wine sauce

# 2 Choose a Side

**CUP OF SOUP** (110-220 cal) Mama Mandola's Sicilian Chicken Soup or Soup of the Day

PENNE POMODORO (350 cal)

**SIDE SALAD** (320-390 cal) House Creamy Parmesan, Italian or Caesar

SAUTÉED BROCCOLI (140 cal)

NEW! CHILLED PASTA SALAD (600 cal)

FRENCH FRIES (500 cal)

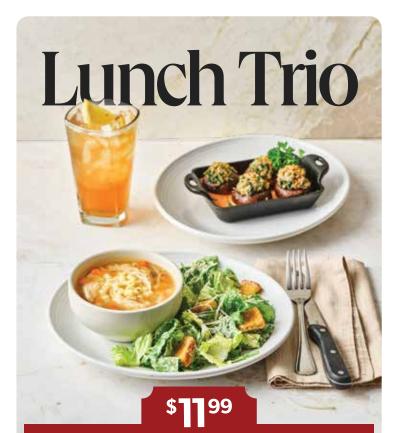


# **Unwrap Delicious!**

To order your next lunch gathering and for more info, scan the QR code or visit us at **carrabbas.com/carrabbas-sandwich-bistro** 

Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. Nutrition information is updated when new data is received from our suppliers. Due to this reason, calories on the print menu may differ from online information. The online information is the most up to date.

\*THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS WHICH MAY CONTAIN HARMFUL BACTERIA MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.\*\*ITEM CONTAINS OR MAY CONTAIN NUTS.



Served with your choice of soup, side salad and one small plate.



### Choose a Soup

MAMA MANDOLA'S SICILIAN CHICKEN SOUP (230 calories) SOUP OF THE DAY (110 – 240 calories)

### **Choose a Salad**

HOUSE CREAMY PARMESAN (340 calories)

ITALIAN (320 calories) CAESAR

(390 calories)

# Choose a Small Plate

**MEATBALLS & RICOTTA** (480 calories) Two meatballs simmered in our pomodoro sauce with ricotta, parmesan and romano cheese

**SHRIMP SCAMPI** (630 calories) Garlic, white wine and our lemon butter sauce served with our toasted garlic and herb bread

**MOZZARELLA MARINARA** (520 calories) Hand-cut and breaded, served with our marinara sauce

FETTUCCINE ALFREDO (810 calories) Creamy alfredo sauce over perfectly cooked fettuccine

#### FOUR-CHEESE & SAUSAGE

**STUFFED MUSHROOMS** (290 calories) Stuffed with sausage, spinach, ricotta, parmesan, romano, mozzarella cheese and Italian breadcrumbs served over our tomato cream sauce



Choice of a cup of soup (110-240 calories) and your choice of side salad (320-390 calories), served with baked sourdough bread with oil and herb mix (100 calories)

# **Entrée Salads**

All salads may be made with light balsamic dressing (80 calories). Add crumbled Gorgonzola (80 calories) to any salad for \$2.00.

#### JOHNNY ROCCO SALAD

Wood-grilled shrimp, sea scallops or a combination served over romaine tossed with roasted red peppers, kalamata olives and ricotta salata in our Italian vinaigrette

Shrimp (550 calories) | **20.79** Sea Scallops (630 calories) | **22.79** Shrimp & Sea Scallops (570 calories) | **21.79** 

#### **CAESAR SALAD**

Wood-grilled chicken or shrimp served over romaine, croutons, parmesan and romano cheese and Caesar dressing

Chicken (870 calories) | **16.99** Shrimp (800 calories) | **17.99** 

#### ITALIAN SALAD

Wood-grilled chicken or shrimp served over romaine, garden vegetables, kalamata olives and our Italian vinaigrette dressing

Chicken (790 calories) | **16.99** Shrimp (700 calories | **17.99** 

# Sangria

Enjoy one of our refreshing housemade Italian Sangrias served by the glass or pitcher Blackberry, Peach or Classic Red (190 - 1020 calories)



### **Beverages**

**PREMIUM LEMONADES** Strawberry (140 cal) Raspberry (160 cal)

GOLDFLAVORED GOLD PEAK® ICED TEAPEAKAsk your server about today's options (35-50 cal)

#### **ITALIAN BOTTLED WATER**

PELLÉCRINO San Pellegrino Sparkling (O cal) PANNA Acqua Panna Still (O cal)

	COLD BEVERAGES	COFFE
Coca Cola .	Coca-Cola (80 cal)	Coffee
Coke	Diet Coke (0 cal)	Cappu
Sprite	Sprite (90 cal)	Espres
HiG	Hi-C (90 cal)	Cafè La
<b>Refier</b>	Dr. Pepper (90 cal)	
Minute Maid	Minute Maid (100 cal)	
GOLD Peak	Gold Peak (0/70 cal)	
	Proudly Serves RESPRESSO	

**COFFEES** Coffee (0 cal) Cappuccino\*\* (90 cal) Espresso\*\* (45 cal) Cafè Latte\*\* (110 cal)